



January 2014

Dear Karen,

Welcome, and a very Happy New Year to you! 2014 is going to be even better than the last, and we hope that you fulfill your New Years resolutions.

In this months issue, we have a fun list of "Remodeling Resolutions", a list of some trends we are forecasting for 2014 that will spruce up your home for the New Year, or give you some fresh new ideas to get you started in the right direction. We also have a champagne punch to start off the year a delicious spiced shrimp recipe to pair it with. It may be past the countdown, but champagne and appies are good any time of the year!

Remodeling Resolutions

We compiled a list of 10 remodeling resolutions and ideas for your home for you to try this year. These are some trends that you just may see pop up for 2014.

1. U-Socket

Try changing out that one socket you find your cell phone charger constantly plugged into, into a "U-Socket". U-Socket is a wall plug that has two USB ports for anything from Apple devices, Kindles, cameras and more, as well as one regular outlet. It also has a smart sensor that automatically shuts off the charging unit to prevent "vampire drain". Handy and environmentally friendly!

2. Glass Free Shower

A common trend that we're seeing are glass free, or "curbless" showers. Homeowners are more and more trying to embellish their shower experience instead of the tub, as they are becoming increasingly popular.

3. Stand Alone Tub

If you are the kind of person who does still like a good soak in a tub, stand alone tubs are becoming increasingly popular. Whether it's an antique claw-foot bathtub, or a modern take on a stand alone tub, these make great statement pieces in your bathroom!

4. Floating Shelves

Try to break up some of your kitchens cabinetry with some floating shelves, open spaces and art on the wall, adding visual interest, and letting you put up that treasured art piece that goes perfectly!

5. Cobalt Blue

Bright colours are very in for 2014. Particularly, cobalt blue is making an

In This Issue

Remodeling Resolutions
Pomegranate Champagne Punch
Spiced Shrimp Recipe
Facebook Giveaway!

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Website
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Product Lines
Gallery
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Links
Articles & Promo
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appearance, along with lots of jewel colours.

6. From Contemporary to Classic

2013 saw a lot of modern, clean design, and 2014 will more of a classic look. While stone, metal and wood will still be in, things will just be rounded out a little bit, and designs will be more relaxed with a traditional feel.

7. Self Expression

Home owners won't be scared to express their individuality throughout their home this year! It can be a bold colour, a unique piece of art or some layered textiles.

8. Multigenerational Living

Multigenerational living is on the rise. Things like wall mounted sinks, walk in bath tubs and motion sensor faucets are being added into homes. Home owners are even adding in a second master bedroom with an ensuite to accommodate older or elderly parents living with them.

9. Eco Friendly Cabinetry

The desire to be eco friendly and be a friend to the environment is always in style, but in 2014, we will see a rise in Earth friendly cabinetry. Things such as bamboo cabinetry, no added formaldehyde, no toxic glues, binders and finishes will be in higher demand this year.

10. Downsizing

2014 will see a trend of homeowners downsizing from their large homes in the suburbs, to smaller homes in central or downtown areas. It will make commutes easier, and makes people much closer to the heart of the city. Make sure you cut out the unnecessary clutter before moving to a smaller home.

Pomegranate Champagne Punch

For a sweet and refreshing punch to enjoy with family and friends, try our pomegranate champagne punch! An easy recipe that will go over very well at parties and get togethers!

Ingredients

- 1/2 cup water
- 1/2 cup sugar
- 2 750-ml bottles chilled brut Champagne
- 1 1/2 cups white rum
- 1 1/4 cups pomegranate juice
- 1 large lemon, thinly sliced
- Pomegranate seeds
- Fresh mint leaves
- 1 ice block



Directions

1. Bring 1/2 cup water and sugar to boil in small saucepan, stirring until sugar dissolves. Simmer 5 minutes. Cool syrup completely.
2. Combine Champagne, rum, and pomegranate juice in punch bowl. Add enough syrup to sweeten to taste. Mix in lemon slices, pomegranate seeds, and mint leaves. Add ice block to bowl.

Originally from Bon Appétit

Low Fat Spiced Shrimp

This spiced shrimp recipe is great to share with company, and would go very well with our Pomegranate Champagne Punch recipe at a dinner party! It's a Thai-inspired dish, and a zippy alternative to shrimp cocktail sauce.

Ingredients

- 1 tsp paprika
- 1 tsp ground cumin
- 1 tsp packed brown sugar
- 1/2 tsp salt
- 1/2 tsp dry mustard

1/2 tsp oregano
 pinch of chili powder
 pinch of cayenne pepper
 1 lb large or extra large peeled
 shrimp (can be raw or uncooked)
 1 tbsp vegetable oil
 lime wedges (optional)



Directions

1. In a small bowl, combine paprika, cumin, sugar, mustard, oregano, chili powder and cayenne; sprinkle over shrimp and toss to coat evenly. The shrimp can be covered and refrigerated for up to 3 hours.
2. In nonstick skillet, heat oil over medium-high heat; stir-fry shrimp until cooked through and no longer opaque, 3 to 4 minutes for cooked. Serve hot with lime (if using). Makes about 40 hors d'oeuvres.

Recipe By Anne Lindsay / Canadian Living Magazine

Facebook Giveaway!



This month, we will be having another Facebook gift basket giveaway for the month of January! This gift basket is full of chocolates to share with your family and friends. Make sure you go to our Facebook page and "Like" us to be entered in for your chance to win this gift basket full of treats! Go to <https://www.facebook.com/integri.kitchens> and click that "Like" button to be entered!

That's all for this edition of the newsletter! Please stay tuned for the next one!

Sincerely,

The Integri Kitchens Team

Karen, Rick, Sherry & Brittney

"Our Way To Your Heart Is Through Your Kitchen"

Integri Kitchens (2012) Ltd. | (780) 489-9960 | karen@integrikitchens.com | <http://integrikitchens.com>
 #104, 16821 107 Avenue
 Edmonton, T5P 0Y8

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Integri Kitchens (2012) Ltd. | #104, 16821 107 Avenue | Edmonton | Alberta | T5N 2S2 | Canada