



October 8th, 2013

Dear Karen,

Welcome to another edition of Integri Kitchens newsletter. We have a lot going on in the showroom at the moment, so make sure to "Like" us on Facebook to keep up to date with the latest news! We have some new showroom displays coming in, and are excited to be able to show them to you soon.

We are also excited to announce that we have a couple of new team members at Integri Kitchens! We have **Rick Hlady** joining us as our new Manager and we're excited to have him and his experience aboard! We also have **Sherry Dalziel** joining us full time as a Design & Sales Consultant with her extended design experience and wonderful people skills. Welcome to Integri Kitchens, Rick and Sherry!

Small Space Ideas For Kitchens

Tight on space for your kitchen, but eager to make some much needed changes? No need to worry, because there's some really great ways to make some changes to your space that can make it look larger, without taking away from your cooking and prepping area! Take a look at the following ideas if you're cramped for space:

1. Use Vertical Space

Using your wall space with slim and narrow wall units with a glazed finish is an easy way to use up your real estate and make your room look taller.

2. Install Gloss Units

Choosing units with a gloss finish is almost like putting a mirror in a room to make it look larger. It will reflect more light, making your room look larger.

3. Undress The Window

A small room needs all the light it can get. By taking off window coverings, it will make the room appear larger and brighter.

4. Pick Light Colours

Whites and creams make a space look wider and brighter. Choosing these colours will make the most of your small space vs darker coloured cabinetry.

5. Light It Well

Lighting for a small space is crucial. Down lit lights beneath cupboards are practical for cooking and soften the look of bulky looking cupboards!

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Although you are always welcome to stop by the showroom, it's best to make an appointment. Our designers may be on appointments or on job sites.

[Click here](#) to book an appointment, or give us a call at (780) 489-9960.

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Mulled White Wine

So since we went with a nice refreshing summer drink for our last newsletter, we thought we would give you something to warm you up as the winter months slowly creep in on us. This recipe is great after a cold day, and tastes fantastic! Please enjoy responsibly!

Ingredients

- 500 ml apple juice
- 100 ml honey (to taste)
- 2 cinnamon sticks
- 1 vanilla bean, split
- 1 pinch chili powder
- orange zest, julienned
- 1 litre white wine

Directions

1. Combine apple juice with honey and spices in a saucepan.
2. Bring to boil and simmer for 10 minutes.
3. Add wine and reheat gently, do not boil!
4. Pour into glasses and garnish with sultanas and blanched almonds if desired.

Recipe adapted from www.food.com

That's all for this edition of the newsletter! Please stay tuned for the next one!

Sincerely,

The Integri Kitchens Team

Karen, Rick, Sherry & Brittney

"Our Way To Your Heart Is Through Your Kitchen"

Integri Kitchens (2012) Ltd. | (780) 489-9960 | karen@integrikitchens.com | <http://integrikitchens.com>
#104, 16821 107 Avenue
Edmonton, T5P 0Y8

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